



# **Fourth Sunday of Lent**

## **8:30 Service of Holy Communion**

### **Sunday, March 11**

## **Holy Communion**

**Introit – Psalm 122:1, 6-9**

I was glad when they said unto me,  
    ‘We will go unto the house of the Lord.’  
O pray for the peace of Jerusalem:  
    may they prosper that love thee.  
Peace be within thy walls,  
    and plenteousness within thy palaces.  
For my brethren and companions’ sakes,  
    I will wish thee prosperity.  
Yea, because of the house of the Lord our God,  
    I will seek to do thee good.

**p. 30 The Litany**

**p. 70 Mutual Salutation**

**p. 147 The Collect of the Day**

**First Reading – Numbers 21:4-9 (p. 117)**

**Reader:** The Lesson is written in the 21<sup>st</sup> Chapter of Numbers beginning at the 4<sup>th</sup> verse.

...

**Reader:** Here endeth the Lesson.

**Psalm 107:1-3, 17-22**

O Give thanks unto the Lord, for he is gracious,

**And his mercy endureth for ever.**

Let them give thanks whom the Lord hath redeemed,

**And delivered from adversity;**

And gathered them out of the lands,

From the east and from the west,

**From the north and from the south.**

They that are foolish are afflicted for their offence,

**And because of their wickedness.**

Their soul abhorred all manner of meat,

**And they were even hard at death's door.**

So they cried unto the Lord in their trouble,

**And he delivered them from their distress.**

He sent his word and healed them,

**And saved them from their destruction.**

O that men would therefore praise the Lord for his goodness,

**And declare the wonders that he doeth for the children of men!**

That they would offer unto him the sacrifices of thanksgiving,

**And tell out his works with gladness!**

**Second Reading – Ephesians 2:1-10 (p. 829)**

**Reader:** The Epistle is written in the 2<sup>nd</sup> Chapter of Ephesians beginning at the First verse.

...

**Reader:** Here endeth the Epistle.

*The hymns are in "The Celebration Hymnal" in the pew.*

**Gradual Hymn # 314 – What Wondrous Love Is This**

**The Gospel – John 3:9-10, 12, 14-21 (p. 751)**

**Reader:** The Holy Gospel is written in the 3<sup>rd</sup> Chapter of the Gospel according to Saint John beginning at the 9<sup>th</sup> verse.

**People: Glory be to thee, O Lord.**

...

**Reader:** The Gospel of Christ

**People: Praise be to thee, O Christ.**

**p 71 The Creed**

**The Message - The Reverend Oz Lorentzen**

**Rev. Oz:** Lord Jesus,

**All:** you are my righteousness;  
I am your sin.

**Rev. Oz:** Lord,

**All:** You took on you what was mine;  
yet set on me what was yours.

**Rev. Oz:** Lord,

**All:** you became what you were not,  
that I might become what I was not. Amen.

(Martin Luther)

**p 72 The Offertory**

**Offertory Hymn # 11 – Come Thou Fount of Every  
Blessing**

**p 74 Prayer over Gifts**

**p 77 The General Confession and Absolution**

**p 78 The Thanksgiving**

**p 81 “Therefore with Angels ... “**

**p 82-83 The Prayer of Consecration**

**p 84 “O LAMB of God”**

**The Communion**

*In Anglican churches, everyone who is baptized is welcome to come and receive communion. You may kneel or stand at the altar rail to receive communion. If you are unable to come to the altar rail, please notify the sides people and they will alert the Communion Servers to come*

*to you. You may receive communion at either the front or at the rear of the church, when available.*

*Communion consists of two parts: a small wafer, “the body of Christ” and a cup with wine, “the blood of Christ.” These will be offered to you with the saying: “The body (blood) of Christ given (shed) for you.”*

*You receive the wafer in your outstretched cupped hands. Please note that gluten-free wafers are available at the front – just ask the server. You drink from the cup when the server offers it to you. You may assist the server by holding the cup when it is offered.*

*It is customary to eat the wafer when you receive it and then drink from the cup when it is offered to you. (The Anglican Church of Canada reports “... that the present use of the common cup is normative for Anglican churches, follows the practice of the universal church from its beginnings until well into the middle ages, and poses no real hazard to health in normal circumstances.” “Communion in only one kind (the bread) is the best option for those fearful of the cup.”)*

*If you would like to come forward for a blessing instead of communion, please indicate this by crossing your arms over your chest. The same is true if you wish to “pass” on the communion cup.*

*Communion is an important part of our worship. Please use this time to prayerfully prepare yourself for communion and to reflect on Jesus’ gift after you have received communion. You may find singing the Communion Hymns helpful. Please refrain from talking during this time.*

**p 85 The Lord’s Prayer**

**p 85 “... And here we offer ...”**

**p 86 Gloria**

**p 86 Blessing**

## Closing Hymn # 496 – No One Ever Cared for Me like Jesus

**Our Mission** is to glorify God by being agents of  
His reconciliation. (II Corinthians 5:18-19)

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**Rector's Warden:** Elaine Snyder

**People's Wardens:** John Crisp, Gordon Nott

**Parish Council Members:** Geoff Barron, Joe Chacko,  
John Fedoruk, Brian Klein, Perumal Mohanraj

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We give thanks for the service of these people this morning:

**Altar Guild**

Val Browne, Darcee Wong  
Lynne Windjack, Liz Crabb

**Sides People**

Merl Westergreen  
Betty Lou Suidan

**Celebrant**

Reverend Oz Lorentzen

**Readers**

Derrick Colleaux  
John Willems

**Communion**

Shirley Westergreen

**Music Ministry**

John Crisp

Prayer Fasting Works of Love



40 Days

## **Prayers of the People – March 11**

James wrote, “The earnest prayer of a righteous person has great power and produces wonderful results.” (James 5:16b)

This week we pray especially for:

### **THE CHURCH**

The Most Reverend Gregory Kerr-Wilson, Metropolitan of  
the Ecclesiastical Province of Rupert’s Land &  
Archbishop of the Anglican Diocese of Calgary

The Most Reverend Justin Welby, Archbishop of  
Canterbury

The Most Reverend Fred Hiltz, Primate of The Anglican  
Church of Canada

The Right Reverend Leopold Friday, Bishop of our  
Companion Diocese of the Windward Islands

### **In the Anglican Cycle of Prayer**

The Church of England with The Most Reverend and  
Right Honourable Justin Welby

### **In the Anglican Diocese of Calgary**

St. Magloire in Drumheller

St. John the Baptist in New Brigden

All Saints in Oyen with The Reverend Catherine Holland

### **In our Sister Diocese of the Windward Islands**

St. Mary in Bequia with Holy Cross, Paget Farm,  
St. Michael on Canouan, Mustique

St. Matthias on Union Island

with The Venerable Everton Weekes &

The Reverend Frank Garraway

### **In Medicine Hat and District**

The Bridge with Pastor Dave Maneschyn

### **In the Anglican Church of Canada**

Bishop Ron Cutler, the people and clergy of the Diocese  
of Nova Scotia and Prince Edward Island

### **In the Evangelical Lutheran Church in Canada**

The dean, council and congregations of the Northern  
Area of the Eastern Synod



## **THE QUEEN AND ALL IN AUTHORITY**

Queen Elizabeth, Prime Minister Justin Trudeau,  
Premier Rachel Notley, Mayor Ted Clugston &  
Councillor Brian Varga

## **THE WORLD**

...

Kelly and Peter Passchier with Overseas Missionary  
Fellowship

## **OUR PARISH**

St. Barnabas Church with The Reverend Oz Lorentzen  
and his family – Delynne, Soren & Laec  
Susan Walchuk, Connie & Bill Wallin, Nora Way,  
George Webb and Eldon & Marlene Wells  
and their families

Our Prayer Leaders

Teguh and Timo in Indonesia

The Hope Street Church of the Nazarene

The GX Dance Studio

The Medicine Hat Ecumenical Campus Ministry

## **THOSE IN NEED**

Hunter, Dre, Oaklyn, Layla, Laura, Kimberley, Rodney, Shirley,  
Andrew, Kathleen, Gena, Deanna, Jesseca, Linda, Bob and  
their families

Please call the Office if you want a name added to or removed  
from the list of 'Those in Need'. Thank you.